

## *Digging Deep with Goddess Gardener, Cynthia Brian*

### **Some like it hot!**



**Despite the high temperatures, the garden is restful yet colorful.**

... continued from Page D1

Proven Winners has just asked me to trial two of their newest developments,

Estrellita Little Star™ Bouvardia and Chicklet™ Orange Trumpet Bush. I am always thrilled to test any new cultivar but because of the heat, I've asked them to not send the plant samples for a couple of weeks until the weather, hopefully, is cooler. If you are waiting to transplant, my suggestion is to postpone putting anything in the ground until the days are nippier, nights are warm, and rain is on the horizon. I currently have four big containers consisting of two avocado trees, a banana tree, and a red rose that need to be moved to their forever spot, yet I dare not attempt to replant them now. Last spring, I transplanted three avocado trees which perished during the summer heat even though I was attentive. Trees take three to five years to acclimate to their new environs. Timing the transition is tricky, yet imperative.

My "hot" news is that my first children's picture book, "No Barnyard Bullies," based on true stories from growing up on a farm and adopting and rehoming animals, is published. I will be selling and autographing the first edition at the Pear and Wine Festival at Moraga Commons Park in the Be the Star You Are!® booth on Saturday, Sept. 24 from 11-3 p.m. Proceeds will benefit the arts, culture, and literacy charity empowering women, families, and youth. Our gratitude to Lamorinda Weekly and MB Jesse Painting for sponsoring the booth. Hope to see you there. For more information, visit Events at <https://www.bethestaryouare.org>.

In this late summer weather, we may feel inelegant and perhaps a



**These containers are waiting to be transplanted once the rains begin.**

bit dreadful. It's hot, hot, hot. But it could be worse ... like a flash flood or hail stones as big as a football. Stay cool, hydrated, and shaded.



**This sedum in bloom resembles pink shooting stars.** Photos Cynthia Brian